



Windmill

Mount Vernon Unitarian Church

*To affirm and
promote the
inherent worth
and dignity of
every person*

December 1, 2011

... MVUC is a loving and inclusive community. Our mission is to encourage one another on our spiritual journeys and to work together to build the common good.

Taking Note . . .

by The Reverend Kate R. Walker



I have a present for you! It's all wrapped up and sitting under your nose waiting for you to unwrap it. Inside you'll find something you've been longing for, something you may have given up hope on ever having. Once you unwrap it, you'll be able to smile even in traffic or with your relatives on Christmas Day. In fact, you'll be feeling much better than anyone else who doesn't have the same present.

I can't say I've made it myself, or that I bought it either. In fact, the gift has already been given to you. But as your minister, I've been noticing lately that you haven't opened it yet. It's possible you haven't noticed that I've handed it to you, that I've carefully placed it there, right where you can't miss it. Take a look! It's there, in beautiful, colorful paper covered with words of wisdom from ages long ago. It's born of sages who have struggled like you to just get up each morning only to fall into bed again at the end of the day.

It's also possible that you know it's there, but refuse to open it. In all honesty, you know your life will change if you open it. Not in big shocking ways. There won't be any angels singing, or French horns blaring. Nothing like that. The change will be subtle at first, and then, if you really use the gift, the change will pick up speed. Other people will notice, and they'll look at you, realizing that something is different about you. They won't be able to put their finger on it exactly, but they'll tilt their head like a cute puppy and say, "You're smiling more lately," or "You seem happier," or "Did you get a haircut?"

They'll be intrigued and curious, and they'll want to spend more time around you. They'll enjoy your company because you will be happier, and you will have

a smile, not a big silly one, but a sly one that draws people into your orbit. The really smart friends who pay attention will realize you're not as stressed as you usually are. In fact, if you work anywhere in the vicinity of the D.C. region, you'll stand out like a blinking neon sign because you won't be as stressed as everyone else! You may even get a new haircut just for the fun of it.

So, I invite you to find that present I've given to you, multiple times, open it and use it wisely. Use it frequently, use it with wild abandon. Share it with your family and friends. Don't use any protection, and don't check anyone's age. Use it everywhere you go, even while driving, especially when driving. Put it on Facebook, Tweet it, and leave it anonymously on another stressed-out, unhappy poor soul's front door step.

Have you got it unwrapped now? Are you holding it in your hand? Do you even recognize it?

It's time. It's time for yourself. And it's asking—actually it's demanding—that you sit down, take a long, slow deep breath, exhale, and then take another. Relax your back, your shoulders, your stomach, your arms, your hands, your legs and feet. Keep breathing, slowly and deeply. This moment in time is offering you peace of mind, peace of heart, peace in your soul. If your thoughts keep romping off to some undone task, gently bring them back into your body. Just focus on your body, breathing into and out of the moment.

Happy holidays.

With love and peace, Kate R. Walker

Rev. Kate R. Walker

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The Windmill is published monthly. Deadline for articles is the 15th of the month. Items will be edited to fit available space.

Please e-mail articles to newsletters@mvuc.org.

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**Program Highlights
Mark Your Calendar!**

Lunch With A Book

Sunday, December 11, after 2nd Service

Ruby Tuesday

See page 5

Holiday Boxwood Picking

Thursday, December 1, 10:00 am – Noon

MVUC Grounds, Meet on Patio Behind Commons

See Page 3

Hanging of the Greens

Friday, December 2, 7:00 pm

Chapel

See page 7

Holiday Craft Workshop

December 3, 2:00 – 4:00 pm

Meeting House

See page 3

Holiday Dinner and Sing Along

December 3, Dinner at 5:30 pm

Sing Along at 7:00 pm

Meeting House

See page 3

Winter Solstice Celebration

Wednesday, December 21, 6:00 – 9:00 pm

Hollin Hall

See page 3



Lifespan Spiritual Growth

Meagan Henry, Director

Dear Friends,

As we enter the Winter Holiday season, I am once again faced with choosing one of the many wonderful Holiday Pageants for us to present at MVUC. In the past five years, we've done a different pageant each year. We've presented the *Ghost of Grumps*, *The Spirit of the Christmas Tree*, *A Charlie Brown Christmas*, and the Nativity Story. Last year I decided to go with a Festival of Lights which celebrates many of the various religious holidays that occur in different traditions during the Winter months. These holidays celebrate light at the darkest time of year. From Yule to Hanukkah, people around the world come together to celebrate light and community at the time of the longest night.

This year, I've decided to use the same theme but change up a few of the holidays we'll present. This pageant is fun for the children because it serves as a learning experience while giving them the opportunity to wear costumes from different cultures. We've also incorporated making props into the rehearsals so the children who are not practicing a specific scene have a craft to work on while they're waiting for their turn. By making their own props, the children gain a sense of pride in the pageant that extends beyond the performance.

We have also incorporated a Children's Choir into this pageant, giving them the opportunity to sing with Mark Zimmerman directing them. When I look at the overall, big picture of our holiday celebrations at this time of year, I think it makes perfect sense to celebrate the many holidays during the pageant since we have a Winter Solstice celebration on December 21 and we celebrate Christmas on Christmas Eve in church. Please consider giving your child this fun pageant experience this year, and Happy Holidays!

Sincerely, Meagan Henry

Festival of Lights Holiday Pageant Rehearsal Schedule:

Sat, Dec 3: 4:00 - 5:30 pm Kids' Choir, Hollin Hall
Fireplace Room

Sat, Dec 10: 9:00 - 11:00 am, Chapel and Commons

Dec 17: 9:00 am - 12:30 pm, Holiday Pageant Dress
Rehearsal, Chapel and Commons

*Please note - an additional rehearsal may be scheduled
on Dec 11 after church.

Lifespan Spiritual Growth Announcements

Holiday Boxwood Picking

Thurs, Dec 1, 10:00 am - Noon

Please help! As you know, in order to keep our boxwood healthy, it needs to be trimmed on a regular basis. And our boxwood wreath making is part of the Holiday Craft Workshop. We will be getting together to pick and trim our boxwoods in the walled garden. No special tools or skills are needed. For information, please e-mail Wendy at wdburns29@gmail.com. You, too, can become a member of the Holy Order of Boxwood Pickers! Bring a friend! Thanks in advance! ~Wendy Burns

Holiday Craft Workshop

Join us for the annual Holiday Craft Workshop on Saturday, December 3, 2:00 – 4:00 pm. Crafts for children and adults of all ages - including the ever-popular gingerbread houses - and boxwood wreath-making for adults. Volunteers needed to lead crafts, prep and clean-up. Reserve wreaths and gingerbread houses by signing up in the Commons or with Jim at REassist@mvuc.org.

Holiday Dinner and Sing-Along

Dinner (5:30 pm – 6:30 pm) is followed by the Holiday Sing-Along (7:00 pm – 8:30 pm) in the Chapel - complete with piñata, our own Mark Zimmerman on the ivories and "The Twelve Days of Christmas" hilariously led by Marty Bredeck. Reserve dinner by signing up in the Commons, or with Jim Kerr at REassist@mvuc.org.

Winter Solstice Celebration

Wednesday, December 21, 6 - 9 pm

Join us for a celebration of the changing of the season! Welcome the longer days of light with food, ceremonies, stories, songs, and dance. Bring a snack or appetizer to share and warm clothing so that we can spend some time outside. We will begin our celebration in Hollin Hall and end the evening around the fire in The Meadow.

UNICEF Carnival

UNICEF received nearly \$500 from our UNICEF Carnival and MVUCers' Trick-or-Treat for UNICEF collection. \$500 can provide a water pump to a school or village or 500 protein biscuits for starving children. Great thanks to all who volunteered and participated!

Save the Date! Games Night: Sat, Jan 14, 5:00 pm - 9:00 pm

Monthly Worship Theme

GOD

Oh, God of Many Moments
by Tess Baumberger

Oh God of many moments,
of night gliding into day,
and day seeping into night,
of infant milky sleeping breaths
and wrinkled, crinkled aging eyes,
of the starting beauty of sunlight
gazed upon a tree
and mournful moonlit vistas,
call us from days of doing
into instances of being,
remind us of the certainty of love
and the neighborhood of grace
which binds us to each other
each and every day.

This is a lovely example of god as presented by Process theology. "In process theology the nature of God is creative-responsive love. God's nature involves urging all existence toward creative transformation," Rev. Elizabeth Greene. It is a form of theology that emerged from philosophy by Alfred North Whitehead and Charles Hartshorne.

I invite you to reflect upon your vision or concept of God that you've accepted, rejected or find unfathomable. Whatever, whoever "god" is, is not held by any one faith or person. "God" may be beyond imagination, within grasp, or a result of imagination.

With love, Kate Walker

On this Day in Unitarian Universalist History

December 2, 1645. John Biddle was imprisoned by the Parliamentary Commission in Gloucester, England, betrayed by a false friend for his Unitarianism. Archbishop James Ussher visited Biddle, who was sick with fever, in prison and tried in vain to persuade him of his error.

December 9, 1608. The celebrated poet John Milton was born in Cheapside, England. He was a devout Puritan who was influential in Oliver Cromwell's government after the death of King Charles I in 1649. Milton's Treatise on Christian Doctrine, published posthumously, affirmed his Unitarian beliefs.

Monthly Worship Services

Sunday, December 4

"When God Dies"

The Rev. Kate R. Walker

Sometimes we have to let something go before we can really look at it and then re-imagine it. December's theme of the month is God. Special holiday music with MVUC's jazz band.

Sunday December 11

"Re-Inventing and Rebuilding God"

The Rev. Kate R. Walker

There are many images of god; as Mary, as Jesus, friend, lover, male, female, androgynous, concrete, abstract. Are these helpful or hurtful? Which god do you want in your life, if any? Holiday music program with MVUC's choir.

Sunday, December 18, 9:15 a.m. only

"There Goes the Sun"

The Rev. Kate R. Walker

As the sun makes its quiet exit from our days, we'll invite the darkness to bring peace, comfort and meaning into our lives.

Sunday, December 18, 11:15 a.m. only

"A Festival of Lights"

The Children and Youth of MVUC

The annual MVUC Holiday Pageant. A celebration of winter holidays brought to you by the children and youth of MVUC.

Saturday, December 24

The Rev. Kate R. Walker, Meagan Henry, and Mark Zimmerman

4:30 p.m. Family Service and 7:00 p.m. Christmas Eve Service

Sunday, December 25

Betsy Yarrison

Lessons and Carols

Multi-generational service at 10:00 am.

On and Off the Hill

Lunch With A Book

This month's selection is the classic story that began many of the traditions we have today in the holiday season. Please join us as we discuss Dickens' *A Christmas Carol*. Besides the book I am sure you have heard or seen one of the many adaptations of this classic tale, and I suspect many of you may see it again before we meet. Please join us on Sunday December 11 after the 2nd service at Ruby Tuesday in Hybla Valley.

For more information please contact Louise Werner-Rhoades at louron13@cox.net or at 703-619-1369.

Multigenerational Conversation Saturday, January 7, 3:00 – 5:00 pm (Rescheduled from November 20)

This is an afternoon tea, which will be supplied. Please bring a snack to share as we engage in dialogue about generational differences and the future of liberal religion.

What year were you born? Do you understand what products are being sold on all the commercials? Do you know how to tweet? Do you want to join a church committee and make important decisions about the church? Did you graduate from college with no debt or \$40,000 in debt?

Join Rev. Walker in the second conversation for all ages about generational differences and similarities. How do different generations perceive the church community and the secular world?

MVUC has 11 New Trees!

Six Kwanzan Cherry Trees were planted in the lower walled garden to replace the ones that originally surrounded that garden but had died over time. The large cherry tree in the maze behind Hollin Hall was planted to replace a mature maple that was torn up by a tornado a few years ago. Two tulip poplars were planted to shade the playground in the years to come. Two

small trees were planted along the office wing of the Meeting House. These trees were purchased with funds from both the SBA Fund and money earned by MVUC through the sale of our boxwood to the Fort Belvoir Garden Club. Alvin Macomber, Mary Barnett, and Mike Arnold advised us on the trees to purchase. Thanks to all who helped!

Wendy Burns

Big Topic/Little Lunch: Programs to Come

BT/LL will focus on the following topics for the rest of the year, working from Rev. Kate's monthly theme, subject to group inputs. All are welcome – we usually meet after the 2nd service on the 2nd Sunday of each month. See Bill Clontz or Georgia Pourchot with questions or to join our Facebook group for continued discussions.

December – Joy - How do we reconcile joy in this season, knowing so many are not as fortunate as we? What merits our joy?

January 2012 – Freedom - It is said that UUs are free to believe what they will. What does that mean for individuals and the movement? What responsibilities come with freedom?

February – Evil - If we “believe in the inherent worth and dignity...,” might we also believe in evil as a reality?

March – Atonement/Redemption - Why is forgiveness hard to grant? Is it always the right course? What does the term mean practically and how do we react when we are forgiven?

April – Mercy - Mercy is compassion, pity, or forgiveness. Let's look at some examples of the worst in human nature and see if we think mercy can be found

May – Peace - Which has brought more pain? Organized religion or organized armies? What are the implications?

June – Open Theme

Remember MVUC and Amazon for your Holiday Purchases!

As you make your holiday gift purchases, please think first of checking Amazon.com through the link on the MVUC web site - they have just about everything you could want. This link provides valuable income to MVUC, especially at the holiday season. Thank you!

Meeting House Improvements

The Board of Trustees has set a schedule for involving the congregation in deciding on proposed improvements in the Meeting House. As authorized at the annual meeting in May, a group of church members has been actively exploring designs and costs for three potential improvements: expansion of the Commons area, renovation of the kitchen, and construction of a permanent platform at the front of the chapel. The committee will present its findings to the Board of Trustees at its December meeting.

Assuming Board concurrence in the proposals, information sessions for members of the congregation will be held between the services on January 8 and 15. A special meeting of the congregation will be held after the second service on Sunday, January 22 for formal votes on proceeding with each of the three potential improvements. For more information or to get involved in the planning, contact Al Robbert, aarobbert@comcast.net, 703-299-9892.

Another Successful Workenanny!

The Fall Workenanny was wonderfully successful. We want to thank everyone who helped make our beautiful buildings and grounds even more beautiful. I want to thank the following people who helped with the tasks which included brush and weed clearing, installing new downspouts, repairing the sagging back door at Hollin Hall, oiling two benches, cleaning the Compass Circle, plumbing work, mulching, ordering pizza and cleaning up afterward:

Becky and Dorothy Brandt, Helen & Brian Lounsbury, Aimee & Mike Sims, Dick & Kay Youngflesh, Bill Cassidy, Max Keeler, Carl Lohmann, Barbara Mulvaney, Dick Schaffer, Doug MacCleery, Tom Ruby, Robin Roberts, Cade Parsons, Liz Bessel, Beth Conway, Leslie Cruz, Ruth Heimburg, Mike, Ron Kellis, Barbara Mulvaney, Doug Masterson, Diana Macomber. Also, many thanks to our Youth who helped in many different ways and places. Extra thanks to anyone whose name I missed.

If you missed Workenanny and would like to help on another day, some of the things that we did not finish include: pruning additional trees with either a chainsaw or handsaw; removing brush and weeds from around the outside of the Walled Garden; mulching the boxwood in several different places; pulling weeds and vines from the boxwood in several different places; cleaning and oiling more benches; and cleaning out the gutters on the Meeting House. If you are interested in helping, please contact Leah Choudhury, property@mvuc.org or Alvin Macomber, 703-780-3489.

Moment for Membership

Do you know how the change in the church Bylaws affects you and your membership? The bylaw passed at our May 15 Annual Meeting states the following:

“Members are expected, as they are able, to participate in the life of the church by attending church functions, serving the church community, and *making an annual financial Contribution of Record to the operating fund* supporting the church financially. *The Contribution of Record requirement may be waived by the Minister or the Chair of the Board.*” Compliance will be expected for church year 2012-13.

If you put cash in the Sunday collection basket, you can have it count as your *Contribution of Record*. *Clearly indicate who it is from – put it in an envelope with your name on it, or write a check which indicates your name and address.*

Reminder: If you have not yet made your pledge or a contribution of record for church year 2011-

12, please consider making an end-of-year contribution as a Contribution of Record and receive tax benefits for the year.

See Jane Nelson for further information on making your pledge.

If you have questions about membership, see Dianne Brown or Georgia Pourchot, Membership Development Council.

WE CELEBRATE membership milestones of 22 members:

50 years - Dotty Ann McClelland, Ralph and Golden Slawson, and Kim Rusinow

40 years - Eleanor Erickson

30 years - Betty Davis, Kay Sargent, MyraSands Lusk, Pat Kenny-Priest and Daniel Priest, Oma Elliott Cox, Bert Ely, Randy Merrifield, Ellen and Gil Fritz

20 years - Linda Miller, Angela Hiebert, Paula Danko, Ken Grabowski, Tom Griffin, Dan and Gloria Logan.

Here's what some have to say about MVUC:

"MVUC is a great place to be," says Dotty Ann McClelland.

"An enriching and growing experience," notes Eleanor Erickson.

"I am grateful to have found our church 50 years ago," states Kim Rusinow.

"MVUC is family," says MyraSands Lusk.

"The church is a life line to here," says Pat Kenny-Priest, *"and what is to be."*

Randy Merrifield enjoys *"the beauty of our Hill."*

Ellen and Gil Fritz find their time at MVUC *"affirming and comforting."*

"Great, terrific, wonderful," say Ralph and Golden Slawson.

Dan and Gloria Logan *"fell in love with the people, the place, and UUism."*

MVUC is honored to recognize their many contributions over the years.

Fort Hunt Preschool 50th Anniversary Events / Outreach to Alumni and Families

Fort Hunt Cooperative Preschool will be celebrating the 50th anniversary of the school in 2012. In honor of this anniversary, we will be planning events and reaching out to Fort Hunt Alumni and their families. Given the close relationship with MVUC, we are seeking photos or other mementos relevant to the preschool that members of the MVUC community may be willing to share for the anniversary. We also welcome involvement in the planning committee and/or assistance with tracking down FHP alumni. Please contact Kristi Graves at kdg9@georgetown.edu for more details or if you are interested in the planning process.

Do you like the cookies after church?

Thank you to Ilga P. for baking her delicious oatmeal cookies. Her contributions have been well loved.

If you have the time or inclination, the church welcomes all baked contributions for the community's enjoyment after services.

Just drop off your contribution Sunday morning whenever the itch to bake strikes you!

Thanks! Marcia Simpkins

***Hanging of the Greens
Friday, December 2, 7:00 pm***

Bring your good cheer and some extra greenery. Help decorate MVUC for the holidays! People of all faiths or none are welcome. Festive music, cookies and holiday drinks provided. Hosted by your MVUC staff.

From Our Board of Trustees

Becky Brandt, Chair



Last summer, when Board members set goals for the year, they intended to be acting as your elected representatives. But to check that out, we designed a simple survey and asked – by means of the website and *The Windmill* – for responses. We found out a few things, but maybe not what we had in mind.

The first mild surprise was that only 58 people took the survey. Why? Well, maybe they weren't interested, or maybe they missed seeing the message about it. Or maybe because they're busy and just didn't get around to it. All completely understandable.

An interesting finding was that most of those who replied were longer-term members, not the younger, newer members generally considered more comfortable with computers and digital surveys. Of course the purpose was to find out what members thought about the various goals, and we at least know what this relatively small slice of our congregation had to say. They strongly approved, for example, of getting the church on a stronger financial foundation. They were less enthusiastic about promoting the spiritual life of the church, maybe because they think that is the minister's niche and that the Board should focus on more mundane matters.

They were also unsure about making improvements in the Meeting House. Responses received were split among: Very Important; Somewhat Important; and Useful but Unimportant. Why? Again, we don't know – but we may learn as we continue to discuss these potential projects. To that end, information sessions are scheduled for members of the congregation regarding proposed improvements between the services on January 8 and 15, and the Board has called a special congregational meeting to be held at 12:30 pm on Sunday, January 22 so that members of our church may

cast their votes. At that meeting and in the briefings preceding it, we'll take the next big step in finding out what our members want.

Rev. Kate has recently spoken in the pulpit on the "sin of anonymity" and the power of democracy – this is one of our seven UU principles. It is my great hope that each member of Mount Vernon Unitarian Church be involved and informed and voice their wishes and concerns so that our actions reflect the desires and vision of our congregation.

With an open heart & mind – Becky

December Youth Birthdays

Priya Bredeck	December 1
Benjamin	December 8
Kai Zinner	December 11
Gabriel Chesney	December 20
Kendall Vicks	December 28

More Unitarian Universalist History

10 December, 1741 John Murray was born in Alton, England. The beginning of Universalism in America is often traced back to the grounding of Murray's boat at Cranberry Inlet, New Jersey, in 1770, near Thomas Potter's family chapel. Potter believed God sent Murray to preach Universalism there.

25 December, 1642 Isaac Newton was born in Woolsthorpe, Lincolnshire, England. Newton's writings show that he was Unitarian in his theology. He was a professor at Cambridge University, held various posts with the government, and served as a member of Parliament.



Social Justice Programs at the Mount Vernon Unitarian Church

Love is the teaching of this church, and service is its prayer.

Easy Green!

Each time I think about my favorite gifts, I realize that gifts such as time with a friend, a service or food that I enjoy, a donation to a charity that I care about, or something that had been a cherished possession of friend or family member meant the most. When I receive gifts such as these, I am really touched by the thought that went into the gift and the generosity of the giver.

Again, I learn that things are often not what makes us happy. So, this year, I am going to try to thoughtfully think about each gift in a way that moves me away from purchasing more "stuff."

Just a thought ~ Wendy

Social Justice Movie Night

This month's movie is *Farmageddon* (2010). It will be shown Friday January 6, 7:00 pm, Hollin Hall. Please join us to see how Americans' right to access fresh, healthy foods of their choice is under attack. This movie tells the story of small, family farms that were providing safe, healthy foods to their communities and were forced to stop, sometimes through violent action, by agents of misguided government bureaucracies, and seeks to figure out why. *Farmageddon* highlights the urgency of food freedom, encouraging farmers and consumers alike to take action to preserve individuals' rights to access food of their choice and farmers' rights to produce these foods safely and free from unreasonably burdensome regulations.

ADORE, A Dialogue on Race and Ethnicity

Second Monday of the month, Hollin Hall Dining Room. In 2012, we will focus on reading and discussing foundational books about slavery in the United States, to include *The Black History of the White House, Why Are All the Black Kids Sitting Together in the Cafeteria?* and *The Confessions of Nat Turner*. We will watch several movies, to include "Free Indeed," and "The Color of Your Skin,"

and immerse ourselves in discussion about what race is, how we understand it, and the role of history in our current perceptions about race relations. Contact Sarah Klein or Georgia Pourchot.

Question Box Sunday from August 21, 2011

Question: Was there an "aha!" moment when you realized you were called to ministry, or was it a slow evolution? If "aha," what were the circumstances?

Answer: The short version: A seed was planted when I participated in the ordination of my step-mother at MVUC in the fall of 1992. In early 1994 I was sitting at my kitchen table in Boulder working on a spiritual ceremony for some friends when it hit me in a strong "aha," or slap upside the head that I was going to be a minister. After my family and friends all confirmed what they apparently already knew, I applied to seminary. MVUC planted the seed, and the plant returned to its roots.

Question: Alex, I'll take "International Economics" for \$1,000, please: I'm concerned that our laudable support for higher education is actually hastening the demise of our partner church villagers in Romania and India and, eventually, their congregations. What might we appropriately do to help develop economic opportunities within the villages?

Answer: Last summer I visited Szentháromság, Romania, our partner village. I witnessed and participated in a process of dialogue about their needs and our ability to help. This is the key to our relationship, staying in dialogue. They want self-empowerment, but are a long way from realizing it. We want to help, but don't know how without their knowledge and wisdom. One of the homes we visited had two of our graduates who had returned to the village to start a small business using greenhouses to provide local produce for the neighboring city. Their enterprise was a result of dialogue about what their concerns are for their village. We need to keep visiting and stay in dialogue.

Question: What is your favorite subject for sermons?

Answer: Whatever has come from my heart.

A Month of Sundays

*Two services at 9:15 am and
11:15 am unless otherwise
noted*



Sunday, December 4
*“When God Dies”
The Rev. Kate R. Walker*

Sunday December 11
*“Re-Inventing and Rebuilding
God”
The Rev. Kate R. Walker*

Sunday, December 18
*9:15 a.m. only
“There Goes the Sun”
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“A Festival of Lights”
The Children and Youth of
MVUC*

Sunday, December 25
*10:00 am only
Lessons and Carols
Betsy Yarrison*

See Page 4 for Sermon
Descriptions

**Mount Vernon
Unitarian Church**
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Alexandria, VA 22307*

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Caring Associates

Contact information for the Caring Associate for the week and Caring Associate Coordinator (CAC) can be found each week in the Order of Service and in the Church Life section of the church website. As always, MVUC staff is willing to assist you during normal business hours. Please direct any questions or concerns to Betsy Stephens betsys@cox.net.

Drivers are needed for occasional rides to appointments in our area. Kindly contact Betsy Stephens if you can help the Caring Associates. Thanks.

Please Tell Us When Your Email Changes

If your email address changes, please notify Esther Dickinson esthergertrude@verizon.net.

Thank you!

Sermons for Your Re-Hearing

Each Sunday's service is recorded and available within a few days on the MVUC web site (www.mvuc.org - worship/sermons). The services are also available on CD; to request a copy, see **Raleigh Romine**.