



# Windmill

## Mount Vernon Unitarian Church

*To affirm and  
promote the  
inherent worth  
and dignity of  
every person*

February 1, 2012

*... MVUC is a loving and inclusive community. Our mission is to encourage one another on our spiritual journeys and to work together to build the common good.*

### *Taking Note . . .*

by The Reverend Kate R. Walker



We Unitarian Universalists believe in life-long learning. Most of us love engaging in mental challenges, learning new facts that may or may not be helpful in life; we want to hear stories that teach us new ideas and have new spiritual experiences. These are some of the reasons why I've gone back to school. I love learning.

I've also come to realize that Mt. Vernon Unitarian Church has some challenges which are stretching my level of skill and experience. So, I've chosen a Doctor of Ministry degree at Virginia Theological Seminary in Alexandria that has a practical program for ministers in full-time ministry. I began reading in November and started the first block of classes in January.

The faculty and fellow students are wonderfully inviting and engaging. I feel welcomed and appreciated in an environment intentionally created for experienced ministers who want to grow their ministry. That being said, the first week (at the time of writing this), has been incredibly full, rich and challenging. Twelve-hour days launched us into learning about ministerial context, family systems analysis and creating a congregational study. There were also 6 hours of learning about the world of internet resources now available to doctoral students! Wow! The potential for my sermon research exploded, if I can find the time to do it.

One of the first projects I need to do is conduct a congregation survey of Mt. Vernon Unitarian Church which includes the surrounding community. I need to complete it by October 2012, so I'll be launching it

immediately with the help of a team from MVUC. I'll also be looking at those challenges I mentioned above: numerical growth at MVUC, how to work with the needs of young adults while honoring our wisdom keepers, and how to create a healthy financial culture that stretches us without overwhelming everyone with anxiety.

So for those members who are worried about membership growth, take a breath and know that we're going to work on it together. For those worried about our future generations, take a breath and know we're going to work on it together. For those worried about our financial health, take a deep breath and know we're going to work on it together.

I've already learned one thing loud and clear: anxiety can help motivate people to change, but too much anxiety and no one can change.

I've also learned change takes a long time because there aren't any quick technical fixes, and we're going to make some mistakes along the way. So, it's best to look at whatever we do together as a playful experiment.

Which leads me to my favorite lesson thus far: focusing on the strengths is a way to help the challenges. MVUC has a lot of strengths which are important to remember, celebrate and build upon.

May we all engage in life-long learning!

Kate Walker

**Rev. Kate R. Walker**

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**Program Highlights  
Mark Your Calendar!**

**Up From Slavery (Social Justice Movie)**

Friday, February 3, 7:00 pm

Hollin Hall Fireplace Room

See page 9

**Journey Towards Wholeness**

Saturday, February 11, 10:00 am to 3:00 pm

Chapel

See page 9

**Benefit Concert by Harmony Heritage Singers**

Sunday, February 19, 3:00 pm

Chapel

See page 6



## Lifespan Spiritual Growth Meagan Henry, Director

Our Director of Lifespan Spiritual Growth/ Religious Education, Meagan Henry, is on sabbatical from January 1 through May 30 and is relieved of all day-to-day responsibilities at MVUC during that period. During her absence, many people have agreed to step in to cover her responsibilities, but the starting place for RE-related affairs is the LSG/RE Office - Jim Kerr, our RE Assistant. Meagan has done much advance planning with the intent that LSG/RE runs smoothly during her absence, so we anticipate smooth sailing. All's well, so far!

That being said, if anything does arise or you have any questions please contact Jim Kerr. Jim's standard office hours are 10:30 am - 2:15 pm Monday through Thursday and 10:30 am - 1:00 pm Sunday. He is available at other times by appointment. Feel free to contact him at [reassist@MVUC.org](mailto:reassist@MVUC.org) or 703-765-5950 x 108. Thanks to all of you for stepping up to keep the RE program running smoothly in Meagan's absence.

Sincerely, Jim Kerr

P.S., Look for updates on her sabbatical from Meagan on Mt. Vernon Unitarian Church's Facebook page!

### **Announcements:**

Mark your calendars for **Youth Service Sunday, February 26:** Our Young Religious Unitarian Universalists (YRUU) will share their spiritual path with the congregation during both services.

**Adult Spiritual Growth Classes** (See MVUC.org and MVUC Activities Brochure for details)

### **A Bright and Spirited Path: A Deeper Exploration of Unitarian Universalism**

Wednesdays, February 1 – 29, 7:30 - 9:30 pm, Hollin Hall Fireplace Room

Led by the Rev. Kate R. Walker

### **Great Decisions Foreign Policy Class**

Sundays, 12:45 – 2:45 pm, Hollin Hall Fireplace Room

For about 40 years, MVUC has sponsored adult education classes in the Great Decisions program of

the Foreign Policy Association (FPA). These classes provide citizens with background information on major international issues affecting the United States and its relationships with the world.

### **Immigration As a Moral Issue**

Wednesdays, May 9 - June 13, 7:30 - 9:30 pm, Commons (sign up by May 2)

Facilitated by Rev. Kate Walker

### **Let Your Yoga Dance®**

1st Tuesday of each month, February – May, 5:45 - 7:15 pm, Chapel

YogaDance is not so much about yoga or dance as it is about putting individuals in touch with their deep, spiritual inner truths through connection to their own primal energy system. There are no "dance routines" to learn or specific moves to master. Rather, the teacher, certified YogaDance instructor Cheryl Sabo, leads a warm-up and movements, progressively honoring each of the 7 Chakras, to awaken and open the energy body. Breathing, meditation, and post-class discussion deepen the practice. No prior knowledge of yoga, dance, or the chakras is necessary to benefit from YogaDance. Class is appropriate for any fitness level, ages 16 - 97. Tuition per four-week session: \$20 MVUC members, \$40 non-MVUC members.

### **OWL (Our Whole Lives)**

Programs for adults, 10<sup>th</sup> - 12<sup>th</sup> Graders, and Kindergarten - 1<sup>st</sup> Graders, began in January and are on-going.

### **Popcorn Theology for Mature Audiences**

February 11 - **Monty Python's *The Life of Brian*** - exploring the pitfalls of groupthink.

Ongoing - Second Saturdays through April, 7:00 pm

Led by Kristine Erickson

Popcorn Theology for Mature Audiences takes the concept and popularity of movie night to explore issues of theology and ethics for Unitarian Universalists, and uses R-rated movies to explore these issues.

## Monthly Worship Theme

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### EVIL

by Victoria Safford

Sometimes I use a very subjective, almost subconscious barometer when reading the news of the day and deciding whether some action bears the weight of the word evil. It's not the magnitude of an event, nor the cold-heartedness of those involved, nor even the historical impact. It's the degree of heartbreak that I feel: beyond sorrow or horror, a sense that something has been blasted apart, a shattering of hope, the collapse of what I thought or wished were true about the world and human nature. There are some truths, some news, that break the heart—not permanently, but utterly, for a while, as the realization forms perhaps for the thousandth time: this, too, is part of our humanity.

Evil is the capacity, within us and among us, to break sacred bonds with our own souls, with one another, and with the holy. Further, it is the willingness to excuse or justify this damage, to deny it, or to call it virtue. The soil in which it flourishes is a rich compost of ignorance, arrogance, fear, and delusion—mostly self-delusion—all mingled with the sparkling dust of our original, human being.

*Victoria Safford serves as the minister of White Bear Unitarian Universalist Church, MN*

## Monthly Worship Services

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***Sunday, February 5***  
***"The Problem of Evil"***

***The Rev. Kate R. Walker***

The theme of the month is evil, a subject that most of us would rather ignore. Does evil exist? If so, is it in our minds, or out there ready to grab us in the dark night? If evil exists, does it grow when we turn our backs? What do liberal religious people do about the idea of "evil"?

***Sunday, February 12***  
***"The Still Small Voice"***

***The Rev. Kate R. Walker***

How do we use our conscience to achieve the greater good? Who is really at risk of corruption and evil in this world?

***The Rev. Kate R. Walker***  
***Sunday, February 19, 2012***  
***"Communal Joy"***

***Rev. Nancy McDonald Ladd***

We Unitarian Universalists are good at thinking about things. We think about theology. We think about the great problems of our age and our call to heal that which is broken. What do we have to learn from those who, even momentarily, take a break from all the thoughtful analysis and simply allow themselves to have a great time in beloved community together? The Rev. Nancy McDonald Ladd is minister at the Bull Run Unitarian Universalist Church in Manassas and is delighted to cross county lines to join us for worship.

***Sunday, February 26, 2012***  
***Young Religious Unitarian Universalists***  
Annual youth service.

### Questions from Question Box Sunday, August 21, 2011

**Question:** Kate, what made you decide to become a Unitarian minister?

**Answer:** The "what" in this answer can be answered from different perspectives: a life time of being a UU, witnessing my father and then my stepmother being UU ministers, a desire to live in the depths of life's most challenging questions, a desire to help others become who they most want to be, and to create a better world. All of these influenced my decision whether I was conscious of them or not. But there is another perspective, or layer, that is harder to identify, and perhaps touches upon what "made" me accept the decision. Some may call it the spirit, or God, or the power of love. Without doubt I felt, on a Saturday morning in 1994, that I was going to be a UU minister. It was just a matter of completing the requirements after that. I have been grateful ever since to have such a clear calling to ministry.

## On and Off the Hill

### ***Congregation Approves Remodeling Plans***

Three projects for improving the Meeting House were approved by a strong majority of the congregation at a special meeting January 22. Next steps on the projects – expansion and renovation of the Commons, renovation of the kitchen, and construction of a new stage in the Chapel – are now under way, although they will proceed on different schedules. The Kitchen Subcommittee headed by Tamara de la Camp and Wendy Burns has begun ordering new appliances and materials and hopes the remodeling will be completed by April 1. The Stage project, chaired by Jeanne Gayler, will also be completed this spring. The Commons project, headed by Doug MacCleery, will not begin until January 2013 because it requires additional planning and approvals from Fairfax County. The combined set of projects will be managed by the Meeting House Improvements Committee under supervision of the Board of Trustees. Because some church members at the meeting objected to the "assist ramp" shown in the stage design, that feature will be reviewed by the full Committee before construction begins.

Funds on hand – which were contributed by members and friends to the 2004 capital campaign -- are somewhat less than the total needed for the three projects, but the Committee expects that additional funds, sufficient to complete the projects, will become available from members who have not yet paid all of their pledges from that campaign or from newer members who have joined since 2004.

-- Al Robbert, Chair, Meeting House Improvements Committee

### ***MVUC Establishes Hill of Dreams Legacy Circle***

MVUC's endowment fund helps to build a strong financial foundation for MVUC and ensures that our church and our liberal spiritual values will endure. To expand the visibility of the fund and actively encourage more people to include MVUC

in their estate plans, the Endowment committee, with BOT concurrence, is creating the MVUC Hill of Dreams Legacy Circle. There will be no membership fees and no gift size will be mandated to be part of the Legacy Circle. Anyone who has included MVUC in their estate plans and filled out a simple declaration form will be a member of the Legacy Circle. Donors will be recognized on a plaque in the Commons. The goal is to have ten to fifteen members by the Annual Meeting.

Joan Darrah, Endowment Committee member.

### ***Fort Hunt Cooperative Preschool Open House, Sat. Feb. 4***

FHP will hold an Open House for prospective families from 10 am - noon on Saturday, February 4, (the beginning of the enrollment period for fall 2012); tours may be arranged before the date, if requested. Children are welcome to attend the Open House. The snow date for this event is Saturday, February 11, same time.

If you have any questions about the school or the application process, please contact the admissions chair, Alex St. Clair, at [admission@forthuntpreschool.com](mailto:admission@forthuntpreschool.com).

Fort Hunt Preschool is a parent-run cooperative for 2 to 4 year-old children, using a play-based curriculum emphasizing creative problem-solving and observation of the natural world. Come visit us and learn more about this exceptional, child-centered school.

### ***Annual Book and Art Sale***

The Annual Book & Art Sale will be held March 22-24. This event is a fund raiser for the operating budget! Volunteers will be need to help, starting Sunday, March 18 at 9:00 am through Saturday, March 24 at 5:00 pm. Can you help: supervise, move boxes of books, arrange merchandise on tables, cashier, or clean up? Contact Joan Wamsley to volunteer or get more information. 703-451-3027 or [lipiczky@gmail.com](mailto:lipiczky@gmail.com).

### ***Member Receives Award***

Pete Bloom, long-time member of MVUC who organized the October 30 MVUC services and subsequent public forum on the mental health issue of "Depression and the Family," received the Richard Rosenfeld Memorial Award from the Northern Virginia Academy of Clinical Psychology (NVACP) in recognition of "his mentoring growth in colleagues, nurturing creativity in self and others and dedication to the NVACP community."

### ***Men's Chorus to Sing Again at MVUC***

Sunday, February 19, 3:00 pm, Chapel  
Familiar music and good fun as the 40-member Harmony Heritage Singers present a concert of patriotic and popular songs in "barbershop" style. Hear such favorites as "Delta Dawn," "Country Roads, Take Me Home," and the Beach Boys gem, "Barbara Ann." No admission charge; an offering will be taken for United Community Ministries. Information from Ron Brandt, 703-765-4779, [brandtron@verizon.net](mailto:brandtron@verizon.net).

### ***Incorporating MVUC***

Until 2002, churches in Virginia were not allowed to be incorporated. Since then, there has been a growing trend in Virginia churches of all denominations to change their legal status from unincorporated nonprofit associations to non-stock corporations. In Northern Virginia, Bull Run, Accotink, Arlington, and Fairfax are already incorporated. At the December BOT meeting, the Board voted unanimously to begin the process of incorporating MVUC. Among the many good reasons to incorporate are: 1) it affords better legal protection for the minister, board and members, 2) it allows churches to buy, sell, encumber or transfer land without Court approval, and 3) the MVUC Endowment Committee is recommending that we invest in the UUA Common Endowment Fund which requires us to be incorporated to participate (please see next article). In the next several months, information on the process for incorporating will be provided online and in a series of informational briefings to ensure that the congregation understands why the Board feels

this is an important step, and to ensure that all concerns and issues are addressed.

—Joan Darrah  
Chair MVUC Incorporation Task Force

### ***New Investment Strategy for MVUC Endowment Fund***

The Endowment Committee is charged with managing the MVUC Endowment Fund which exists to help secure, strengthen, and extend the long-term survival and mission of MVUC and Unitarian Universalism. The policy established by the Board of Trustees requires that the Endowment Fund's liquid assets reach \$1,000,000 before any expenditures can be made, and the principal is not to be spent. Its current value is approximately \$770,000.

The Endowment Committee completed a comprehensive review of our existing investments and determined that the optimum investment strategy is to invest our funds in the UUA Common Endowment Fund. This is a 120 million dollar fund that has returned 5.5% annualized for 15 years. Investment decisions are made by a team of 14 professional managers, with a specific performance goal of 5% per year. Churches must be incorporated to invest in the fund. The Board has approved moving forward with incorporating MVUC and expects to complete the process no later than May (see previous article on incorporating).

-- Bill Burns, Chair, Endowment Committee

### ***Moment for Membership***

MVUC officially welcomes our new members by introducing them to the congregation during the "New Members" service and dining with them at our Annual "New Members" dinner.

New members bring changes to our church with their ideas and personalities, and we know MVUC is enriched with their skills and new ways of experiencing UUism. Please welcome our new members who have joined our congregation in the last calendar year: Jessica Beauchamp, David Bender and Cheryl Focht, Linda Bohannon, Bill Cassidy, Omar and Karen Chaudhry, Erin Conway,

Leslie Cruz, Kent Goering and June Sherwood, Bart and Evelyn Hewitt, Sarah Klein, Kara Larrabee, Cathorin Meadors, Ilga Pakalns, Benjamin Roberts, Jana Shobe, Sarah Sidar, Betsy Sprouse, Kimberly Villa, and Chris and Kat Whitchurch.

*Welcoming change means being open and adventuresome, writes UU Minister, The Rev. Dr. Mark D. Morrison-Reed. It asks us to celebrate the breadth of theological and social diversity Unitarian Universalism already encompasses, and then to reach beyond it. It means capturing the excitement we once felt about the new: the wonderment, the curiosity, the openness . . . .*

Let us all embrace the change as we welcome new members! For more information, see Tamara de la Camp, New Members Committee Chair.

**Annual Lasagna Dinner and Variety Show, Saturday, March 3**

The Annual Lasagna Dinner to benefit the Coming of Age trip to Boston will be held on Saturday, March 3, 5:30 - 6:30 pm in the Meeting House prior to the Variety Show. Dinner will include delicious lasagna—meat and veggie—as well as garlic bread, salad and beverages. Tickets, which include the Variety Show, are \$8 per person or a maximum of \$25 for immediate family members.

The Variety Show follows at 7:00 pm. Adults and children, young and old, are all welcome to perform, so break out your bongos and dust off your tutu. Contact Linda Jemison (the emcee) by email at [linda@fairfax.info](mailto:linda@fairfax.info) or 703-765-0379. A sign-up sheet for the Variety Show will be in the Commons each Sunday. Everyone should attend this at least once!

**February Birthdays**

Jenna Downey	February 3
Jillian Downey	February 5
Matthew Stover	February 7
Brandon Stone	February 7
Connor Sadler	February 17
Bryce Huntoon	February 17
Jeremy Focht	February 27

**Questions from Question Box Sunday August 21, 2011**

**Question:** What is your vision for MVUC 5-10 years from now? Ideally, how do you envision the grounds, the congregation?

**Answer:** Recently I've changed my definition of what is a vision and a visionary. I think many of us accept that a vision presents a concrete idea or picture of the future; 5-10 years from now this is what we'll see built here. And with that vision cathedrals are built, along with companies, monuments, and schools, and gardens are grown.

I'm not that kind of visionary, and frankly, visionaries with those skills are usually really bad at implementing them. I'm the kind of visionary that is really good at keeping a broad perspective or sitting in the balcony and looking at the big picture. I'm good at staying out of the weeds where all perspective can be lost. I'm a visionary who readily engages her imagination and is adaptable to change, while staying focused on the mission and vision of the community.

So, what do I see in 5- 10 years for MVUC? I see us focusing on our mission and vision, which may change from what they are today. I see us continuing to support our strengths so we're doing what we're already doing well, but more so, and responding to our challenges with grace and commitment to our UU principles. And I see, in my crystal ball, MVUC has beautiful gardens.

**Question:** Welcome back and happy belated birthday! Are you still planning to adopt?

**Answer:** Well, it's long enough that my birthday is now coming up again, bringing me to the lovely age of 49. Seeing as that's on the cusp of 50, and life may bring physical challenges, Mark and I made the very personal decision to withdraw our application for adoption from China. The waiting list was getting longer and longer with each month and the paperwork kept expiring, requiring another lengthy and expensive commitment to renew it. With Mark closer to retirement than I, we both accepted, rather painfully, that we had to let go of our dream.

## From Our Board of Trustees

### Becky Brandt, Chair

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We witnessed an impressive show of solidarity at the Congregational Meeting January 22, when a large majority of members approved plans to proceed with improving the

Meeting House. As a community we decided that we are willing to plan for the future and move ahead to accomplish a significant part of what was envisioned in our capital campaign six years ago. Much of the credit for this decision should go to those who developed the exciting plans that the congregation endorsed: Wendy Burns, Tamara de la Camp, Jeanne Gayler, and Doug MacCleery—under the leadership of chairman Al Robbert. These committees have worked for months—obtaining bids, reviewing specs, conducting meetings and following up with stakeholders. It is gratifying that their efforts will come to fruition to benefit everyone. The committee will now turn its attention to overseeing implementation of the plans. As with any construction project, we will all need to be patient at times when parts of the building are temporarily out of service. That will happen very soon with the kitchen and stage, but the Commons project will take another year of planning.

In the meantime, the Board must continue to address the expected shortfall in the annual operating budget. In approving construction plans, the congregation understood that funds from the capital campaign could not and should not be used for annual operating expenses. Those funds were contributed several years ago specifically for such projects and will now be used for their intended purpose. The shortfall in our current operating budget is for the same reason that many other agencies have these days: our income is lower than expected. Specifically, wedding rentals have fallen, and some of our members are unable to contribute as much as they might wish. We need to deal with this

problem in the same constructive, responsible way we dealt with our much-delayed construction program. In that case, we hung together and made some sound decisions. I am confident that we can do it again.

With an open heart & mind –Becky



### ***Musical Notes***

#### ***Mark Zimmerman,***

#### ***Director of Music***

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Congratulations to our choir for a fine performance at the 17<sup>th</sup> annual VIC Martin Luther King Jr. Choir Festival. This heartwarming evening was filled with music of many faiths and styles.

Mark your calendars for a special piano celebration recital on Sunday, March 18, at 6:00 pm. We will celebrate the completed preservation work on our grand piano and honor the many who have donated to make this possible. Piano solos, duets, instruments, and chorus. Hear Yee Von Ng perform Gershwin's "Rhapsody in Blue." Reception following.

I would like to thank the many dedicated church members who offered their talents for the holiday music here at MVUC. From pageant to jazz to Messiah and Christmas Eve, and wonderful lay-led services on Christmas and New Year's Day. Such a marvelously talented group we have!

Are you interested in meeting UUs from other congregations? Looking for new ideas for worship? Seeking personal growth in speaking, singing, and/or leadership? Want to be challenged to serve your church more? Then you don't want to miss the 10th JPD Worship Arts Festival at the UU Church of Rockville, Maryland, on February 24th and 25th, 2012! Our theme this year is "Reframing Hope." Register at [jpd.uaa.org](http://jpd.uaa.org). –Mark



## Social Justice Programs at the Mount Vernon Unitarian Church

*Love is the teaching of this church, and service is its prayer.*

### **Partner Church News**

We are still seeking sponsors for scholarship students in Transylvania. You can help a young person in our partner church village achieve higher education by supporting their attendance in trade school, high school or university.

Sponsorships can be shared among participants, so amounts are flexible. Please contact Lisa Gillispie, [lisagillispie@earthlink.net](mailto:lisagillispie@earthlink.net) if you would like to help.

Jane Nelson and Meagan Henry headed to the Khasi Hills of India at the end of January to witness a community capacity assessment process in our partner village of Mawlat. The process uses local facilitators to help the village determine its needs and create an action plan so that partners can target their help to cooperative projects.

Save the dates for our annual Partner Church dinner on Saturday evening, March 17, and our partner church service on Sunday, March 25.

### ***Up from Slavery, (social justice movie series), Friday February 3, 7 pm, Hollin Hall Fireplace Room***

Join us as we watch and discuss selections from this 7-part movie about the beginnings of slavery in the United States. Contact Georgia Pourchot, [gpourchot@yahoo.com](mailto:gpourchot@yahoo.com).

### ***Growing Inequality in Wealth, Corruption of the Democratic Process, and the Resulting Social Injustice***

***February 4, 8:30 am to 12:30 pm, Chapel***

Please join us for a quarterly UUSJ social justice forum on a pressing issue of our time: the increasing wealth gap in American society. Income inequality has produced wealthy beneficiaries who use that wealth to create political influence. The political influence of wealthy individuals is magnified by equally

powerful (and closely related) corporate interests that distort our political system. This process represents a vicious cycle that keeps expanding the inequality and the problems it causes. To register, contact Georgia Pourchot, [gpourchot@yahoo.com](mailto:gpourchot@yahoo.com).

### ***Journey Towards Wholeness, Feb 11 10:00 am to 3:00 pm, Chapel***

Please join us for a dialogue on race and anti-racism with other Unitarian Universalist churches in the Greater Washington area. Moderated by Paula Cole Jones, Director for Racial and Social Justice for the Joseph Priestley district. Contact Sarah Klein, [sarah@sarahandkeith.com](mailto:sarah@sarahandkeith.com).

### ***Easy Green!***

There are many good reasons to try to eat with the seasons—the carbon footprint of the food is less the shorter distance it has to travel, and the fresher the food tastes, among others. But, when I read an article like the one I just read, *The Indignity of Industrial Tomatoes* by B. Estabrook, I really do become indignant. He writes that “according to the U.S. Department of Agriculture, fresh tomatoes today have 30 percent less vitamin C, 30 percent less thiamin, 19 percent less niacin, 62 percent less calcium, but 14 times as much sodium than they did in the 1960s.” They are heavily fertilized and sprayed with herbicides and pesticides, picked green by migrant workers, and artificially gassed with ethylene in warehouses until they become the color of a ripe tomato. Why do we even call them tomatoes? Are they worth buying?

A real tomato is a joy to smell, to taste, and to see. Many of us are lucky enough to be able to get them in the summer and fall from our own gardens and at our farmers’ markets. This past summer, Isabelle Arnold and others grew tomatoes at MVUC for the food pantry of UCM. What a treat for those who may not have experienced a tomato before!

Just a thought ~ Wendy

## A Month of Sundays

*Two services at  
9:15 am and 11:15 am  
unless otherwise noted*



**Sunday, February 5**  
*"The Problem of Evil"*  
The Rev. Kate R. Walker

**Sunday, February 12**  
*"The Still Small Voice"*  
The Rev. Kate R. Walker

**Sunday, February 19**  
*"Communal Joy"*  
Rev. Nancy McDonald Ladd

**Sunday, February 26**  
*Young Religious Unitarian  
Universalists*

See Page 4 for Sermon  
Descriptions

**Mount Vernon  
Unitarian Church**  
1909 Windmill Lane  
Alexandria, VA 22307

Address Service Requested

**TIME VALUE MAIL — PLEASE EXPEDITE DELIVERY**

### **Caring Associates**

Contact information for the Caring Associate for the week and Caring Associate Coordinator (CAC) can be found each week in the Order of Service and in the Church Life section of the church website. As always, MVUC staff is willing to assist you during normal business hours. Please direct any questions or concerns to Betsy Stephens [betsys@cox.net](mailto:betsys@cox.net).

Drivers are needed for occasional rides to appointments in our area. Kindly contact Betsy Stephens if you can help the Caring Associates. Thanks.

### **Please Tell Us When Your Email Changes**

If your email address changes, please notify Esther Dickinson, [esthergertrude@verizon.net](mailto:esthergertrude@verizon.net).

**Thank you!**

### **Sermons for Your Re-Hearing**

Each Sunday's service is recorded and available within a few days on the MVUC web site ([www.mvuc.org](http://www.mvuc.org) - worship/sermons). The services are also available on CD; to request a copy, see **Raleigh Romine**.